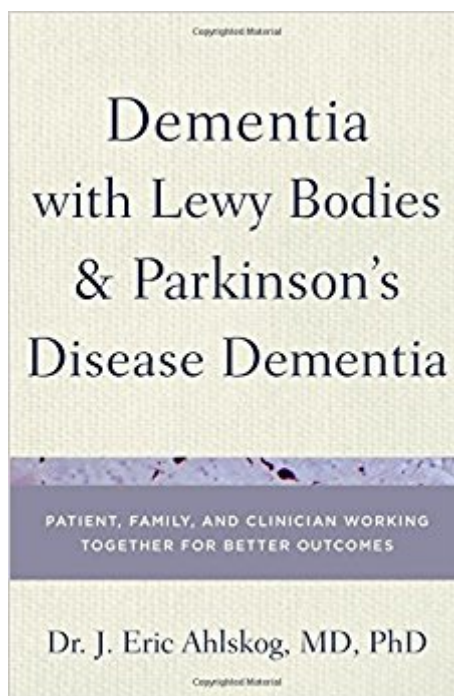




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# Dementia With Lewy Bodies And Parkinson's Disease Dementia: Patient, Family, And Clinician Working Together For Better Outcomes



## Synopsis

Patients, spouses, families, and caregivers dealing with dementia face a host of complex issues, particularly when they must confront Dementia with Lewy Bodies or Parkinson's Disease. Until now there has been no guidebook for the general public to help navigate these challenging disorders. In *Dementia with Lewy Bodies and Parkinson's Disease Dementia*, Dr. J. Eric Ahlskog draws on 30 years of clinical and research work at Mayo Clinic to arm patients and families with crucial information that will enable them to work in tandem with their doctors. A diagnosis of dementia can be devastating, leaving families and caregivers struggling with a loved one's radically-impaired thinking and memory. When dementia is coupled with Parkinson's, which will develop in Parkinson's patients that live long enough, or with Lewy Bodies, which is the second leading cause of dementia behind Alzheimer's, the difficulties become even more daunting. And while these disorders are all too common, most people have little solid information about them. Too often doctors cannot spend the necessary time answering questions or discussing the specific challenges and treatments for these kinds of dementia during office visits. Arriving for a doctor appointment knowing the issues and treatment options beforehand gives patients and families an important head start. Dr. Ahlskog clearly explains all aspects of these disorders, their causes, symptoms, most effective drug treatments, proper doses, and which medications to avoid. He also discusses the complications that can arise in treating these conditions, given the variety of available medications and their possible side effects and interactions. While a cure does not yet exist, in this accessible, highly informative guidebook, Dr. Ahlskog shows that optimal medical treatment can markedly improve the quality of life for both patients and family.

## Book Information

Hardcover: 288 pages

Publisher: Oxford University Press; 1 edition (September 1, 2013)

Language: English

ISBN-10: 0199977569

ISBN-13: 978-0199977567

Product Dimensions: 9.3 x 0.9 x 6.4 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 12 customer reviews

Best Sellers Rank: #480,131 in Books (See Top 100 in Books) #44 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease](#) #255 in [Books > Health,](#)

## Customer Reviews

Dr. Ahlskog is Professor of Neurology, Mayo Medical School and Chair of the Mayo Clinic Section of Movement Disorders, Rochester, Minnesota. He is a full-time clinician with most of his Mayo practice devoted to Lewy body disorders, including Parkinson's disease and Dementia with Lewy Bodies. He has published over 200 manuscripts in peer-reviewed medical and scientific journals and authored two books.

This book is astonishingly good: accurate descriptions of common problems and clear, useful approaches to medication and care. Dr. Ahlskog knows his stuff, anticipates issues, lays out orderly solutions, and gives helpful advice about what works, what may not work, and why. Caregivers and patients -- get two copies. One for yourselves and one for your neurologist and primary care provider.

This is a fabulous book for Parkinson's. It is clear and easy to read in layman's language, but provides the background info. It seems to cover everything well. It did not cover what I am looking for (which it did not promise to cover). MY situation is a little different in that I do not have Parkinsons but have the Lewy Body. I am trying to find info that is more specific to that. I am recommending this book to people I know with Parkinsons it is good info.

Very informative book. Rated 4 stars instead of 5 because at times it was a little too medical and "over this lay person's head."

An authoritative, complete, and very helpful description of Dementia with Lewy Bodies, including treatments, written in clear everyday prose. Will use in preparation for doctor visits and to help remember and understand his instructions.

This book gave a lot of information and presented simply by explaining the most basic concepts, before elaborating on larger concepts. It was simple and easy to follow as well.

At a point in our lives dealing with PDD, this was a much needed insight to help guide us with the

medical team.

It gave clear and precise definitions as to the different conditions. Recommend it for any caregiver dealing with Parkinson's or Lewy Body.

This was the answer to most of my questions on the two diseases that my wife has. Parkinson's and LBD. As her care taker it is and will be a great help for me in understanding the cycle of events as her diseases progress. Frank C. Fleischer

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